



About Us

Play

Sports

Fitness

Swim



Intramurals

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Club Sports

Campus Recreation



Take advantage of everything we have to offer at Bourgeois Hall.

VIEW VIDEO

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Intramurals

Intramural Sports at UL are here to get you active and keep your competitive edge. A bit of healthy competition helps condition your body and keep your mind sharp. We believe that giving you the opportunity to take part in competition is always a healthy way to stay active. We offer multiple leagues and tournaments throughout the semester. Check out our leagues page to learn more about the sports we offer each semester and be sure to take advantage of our calendar of events to stay on top of registration dates for your favorite sports!























Soccer

Personal Training



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